



You'll fit right in!

We are the biggest running club in Western New York. That's because we have something for everyone. Our runners and walkers are young and older, fast and not so fast. And, we all work together to achieve our personal goals. We have plenty of fun along the way, too!

- **Track workouts** – Weekly practices led by popular University at Buffalo cross country and track coach.
- **Youth program** – Coaching for children ages 3 to 14 at the same time as the adult workouts.
- **Zero to 5k** – Program to help new runners and those who have been away from the sport make exercise a part of their everyday lives.
- **Club fun runs** – Group distance runs held at various locations.
- **Cross country** – Organized meets in parks throughout Western and Central New York.
- **Race to Savings** – Save on your race entry fees.
- **Runners Roost** – Save 20% on running shoes and apparel.
- **Social gatherings** – Annual picnic, holiday party, happy hours, banquets, and more.

for more information, visit
CHECKERSAC.ORG

Please print names exactly as they would appear on race applications	Memberships run from Feb. 1 to Jan. 31	Mail this form with your check payable to "Checkers AC" to: Fritz C. Van Leaven 115 Lorna Lane Tonawanda, NY 14150
Membership type	<input type="checkbox"/> Full-time student	<input type="checkbox"/> Individual
	<input type="checkbox"/> Married couple/domestic partnership	
	<input type="checkbox"/> Family	
Name	Birth date / /	<input type="checkbox"/> Male <input type="checkbox"/> Female
Street	Telephone	
City	State	Zip
	Email	
Member newsletter delivery method	<input type="checkbox"/> Mail paper copy to home <input type="checkbox"/> I will view it on the website	

Married Couple/Domestic Partnerships and Family Memberships Additional Names						
First Name	Last Name	Relationship	Male	Female	Date of Birth	Track (Y/N)
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					/ /	
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					/ /	
					/ /	

Dues (U.S. Funds)	Full-Time Student	Individual	Married Couple/Domestic Partnership	Family	Enter Amount
1 Year	\$30	\$40	\$50	\$55	
2 Years	—	\$65	\$85	\$95	
3 Years	—	\$90	\$120	\$135	
Track fee – 18 years and older			Number of people ____ X number of years ____ X \$20 =		
Track fee – 17 years and younger			Number of people ____ X number of years ____ X \$5 =		
Total (please make check payable to "Checkers AC")					