



## You'll fit right in!

We are the biggest running club in Western New York. That's because we have something for everyone.

Our runners and walkers are young and older, fast and not so fast.

And, we all work together to achieve our personal goals. We have plenty of fun along the way, too!

- **Track workouts** – Weekly practices led by a USATF-certified coach.
- **Kids track workouts** – Weekly practices with a dedicated USATF-certified coach held at the same time at the adult track workouts.
- **Club fun runs** – Group distance runs held at various locations.
- **Cross country** – Organized meets in parks throughout Western and Central New York.
- **Race to Savings** – Save on your race entry fees.
- **Runners Roost** – Save 20% on running shoes and apparel.
- **Social gatherings** – Annual picnic, holiday party, happy hours, banquets, and more.

For more information, visit  
**CHECKERSAC.ORG**

Please print names exactly as they would  
appear on race applications

Memberships run from  
Feb. 1 to Jan. 31

Mail form with your check payable to "Checkers AC" to:  
Fritz C. Van Leaven  
115 Lorna Lane  
Tonawanda, NY 14150

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Name		Birth date	/	/	<input type="checkbox"/> Male	<input type="checkbox"/> Female
Street						
City		State		Zip		
Phone		Email				
Membership type	<input type="checkbox"/> Full-time student/senior	<input type="checkbox"/> Individual	<input type="checkbox"/> Married couple/domestic partnership	<input type="checkbox"/> Senior partnership	<input type="checkbox"/> Family	
Checkers member who referred you (if applicable)						

First Name	Last Name	Relationship	Male	Female	Date of Birth
					/ /
					/ /
					/ /
					/ /
					/ /

Dues (U.S. Funds)	Young Adult (25 years and younger)	Individual	Seniors (65 years and older)	Married Couple/Domestic Partnership	Seniors (65 years and older) Married Couple/Domestic Partnership	Family	Enter Amount
1 Year	\$40	\$50	\$40	\$80	\$65	\$100	
2 Years		\$80		\$135		\$170	
3 Years		\$110		\$190		\$240	